Of course, the team includes the resident and the resident’s designated representative (i.e., family member) in all decisions. All members of the team work together to tailor a complete health regimen, from diet and exercise to specialized medical services (chemotherapy, cardio-pulmonary therapy and beyond). As a family member or resident, your input is always welcome, and you have open access to all staff.

Caring Tradition

St. Peter’s Nursing & Rehabilitation Center is actually built upon two rich traditions. It was founded in 1959 by the Franciscan Sisters as part of a mission to bring quality, compassionate care to the region’s infirm and elderly. In 1999, it became part of St. Peter’s Health Care Services, a comprehensive health care network sponsored by the Religious Sisters of Mercy, who founded St. Peter’s Hospital more than 130 years ago.

This remarkable heritage lives on today, in a facility that maintains the highest standard of care and a true emphasis on the individual.

Come Feel The Difference

The best way to learn more about St. Peter’s Nursing & Rehabilitation Center is to experience it firsthand. Tour our facility, talk to our staff, experience what sets us apart…and then decide what’s best for your loved one.

Call 518-525-7600 to arrange your visit today.
Choosing a long-term care or rehabilitation facility for yourself or a loved one is a very important—and often difficult—decision.

You’ll want to explore the options…visit each facility…consider the current and future health needs to be met…and ultimately choose what “feels right.” For many families, for more than forty years, that choice is St. Peter’s Nursing & Rehabilitation Center.

Combining top-quality care, convenient access, and a warm, friendly environment, is a 160-bed skilled nursing facility with a 40-bed designated physical rehabilitation unit. This is for individuals who do not require hospital-based acute rehabilitation. Length of stay can be several days or several weeks, with a personalized plan of care to ensure appropriate medical, therapeutic, and social services, and discharge planning at every stage of the rehabilitation process.

Our interdisciplinary treatment team is comprised of physiatrists (rehabilitation medicine physicians) including the chief of Rehabilitation Medicine at St. Peter’s Hospital; physical, occupational and speech-language therapists; and skilled nursing staff oriented to the needs of rehabilitation patients. Our goal is to help patients reach their optimal level of functioning and return home safely.

Sub-acute rehabilitation patients enjoy a wide range of amenities including cable television and DVD players in each room, DVD movies to borrow, telephones, computer classes, religious services, and rehabilitation-specific group activities and dining areas.

Comprehensive Rehabilitation

Upon admission, each resident is evaluated by physical and occupational therapists to determine any specific needs. Our rehabilitation services include:

- Physical therapy
- Occupational therapy
- Speech therapy and audiology
- Evaluation for any equipment needs

All therapies are delivered with the goal of enabling each resident to achieve the most satisfying, independent lifestyle possible.

Convenient Location

As a caregiver, family member or resident, you’ll want frequent visits to be convenient. St. Peter’s Nursing & Rehabilitation Center is located in the heart of the Capital Region, minutes from major highways, in one of Albany’s largest and nicest residential neighborhoods.

If any medical emergency arises, residents have fast access to St. Peter’s Hospital, which is located adjacent to our facility. St. Peter’s Hospital is one of the nation’s top-rated hospitals for cardiac, stroke and clinical care.

Comfortable Environment & Activities

St. Peter’s Nursing & Rehabilitation Center is the perfect union of quality care and a comfortable atmosphere. While we offer the latest in medical technology, we also have bright, sunny rooms and courtyards that are warm and welcoming. Our multidisciplinary staff is highly experienced in long-term care. They understand the power of a smile and know residents and their families by name.

Although there are space limitations, we encourage all residents to bring in small pieces of furniture, photos, comforters and other items to make their rooms feel more like home. We invite visitors of all ages and allow leashed family pets to stop by and spread cheer.

Our professional Activities Staff provides recreational programs to suit individual interests including singing, discussion groups, arts and crafts, social events and twice-weekly community outings in the facility van. All activities are wheelchair-accessible. Intergenerational activities with children of all ages brighten the lives of our residents. Many of our residents find comfort in serving others and we encourage them to continue their community service efforts.

Collaborative Approach

Combining the experience and expertise of our entire staff, St. Peter’s Nursing & Rehabilitation Center takes a team approach to all medical and therapeutic care. Every resident has a dedicated Comprehensive Care Team, which may include a:

- Case Manager
- Attending Physician
- Registered Nurse
- Certified Nursing Assistant
- Physical Therapist
- Occupational Therapist/COTA
- Activities staff
- Chaplain
- Registered Dietitian